

University Courses (UNIV)

UNIV 102 FIRST YEAR EXPERIENCE (1-3)

Designed to foster a supportive learning community, provide mentoring, and enhance academic/personal skills, and knowledge about campus resources to facilitate successful transition from high school to college. Other aspects covered are major/career exploration, health/social issues, and diversity. This course is strongly recommended for first-semester students. May be repeated once for a total of up to 3 units.

UNIV 103S LEARNING STRATEGIES: SUPPLEMENTAL INSTRUCTION (1)

Discipline-specific study skills taught in the context of a designated GE course. Consent of instructor required. May be taken three times. Cr/NC only. Co-requisite: enrollment in designated GE course.

UNIV 150A FRESHMAN YEAR EXPERIENCE: IDENTITY AND GLOBAL CHALLENGES (5)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. To satisfy GE Areas A3 and C3, students must take UNIV 150B the following semester. C- or better required in the second semester for A3 credit.

UNIV 150B FRESHMAN YEAR EXPERIENCE: IDENTITY AND GLOBAL CHALLENGES (5)

Designed specifically for first-year students at Sonoma State University, provides an interdisciplinary examination of social, political, scientific, and personal aspects of identity (fall semester) and our global connections and responsibilities (spring semester). Through writing, research, and creative assignments, students develop analysis, research, and communication skills vital to success in college. Satisfies GE Areas A3 and C3 when taken immediately after UNIV 150A. C- or better required in the second semester for A3 credit.

UNIV 237 CAREER-LIFE PLANNING (1-2)

Offers students an opportunity to clarify their interests, values, skills, and lifestyle preferences to provide a foundation for effective career planning. Students use assessment inventories, interactive exercises, and occupational research to expand their understanding of options and plan their education and career paths, and learn job search strategies. Most appropriate for sophomores, juniors, and seniors.

UNIV 238 FOUNDATIONS OF LEADERSHIP (3)

This course takes students through an exploration of leadership and students' roles and responsibilities as active citizens. It achieves this goal through an extensive examination of self, working with and understanding others, and ultimately, creating positive change in one's community. The course provides the critical elements of analytical and intellectual thought, and careful examination and reflection of core issues in the practice of leadership. These objectives will be achieved through open discussion, self-assessment, experimental exercises, and analytical observation of real-life leadership practice. Course satisfies GE Area E (The Integrated Person).

UNIV 239 PEER ADVISING AND MENTORING SEMINAR (1-2)

Seminar and practicum for students holding peer advising and mentoring positions. Students will gain training and experience providing peer-to-peer advising and mentoring in various student support areas, including academic/career advising, academic/college preparedness, campus services/resources, interpersonal communication, leadership/identity development, and student engagement. Enrollment in 1 or 2 units is dependent upon practicum hours required of student leadership position. May be repeated for credit.

UNIV 295 COMMUNITY INVOLVEMENT PROGRAM (1-4)

CIP provides undeclared students the opportunity to explore career possibilities while providing much needed community service. Students may earn credit for volunteer service in a variety of organizational settings that may help them clarify their career goals and declare a major appropriate for them. Requirements are

30 hours of community service per unit, a minimum of 2 meetings with advisor or faculty sponsor, and a final paper. A maximum of 6 units of CIP may be used toward graduation. Cr/NC only.

UNIV 339 ADVANCED PEER ADVISING AND MENTORING SEMINAR (2)

Advanced practicum for students holding peer advising and mentoring positions. Students will be active members in training and sharing experience providing mentoring to first-year Peer Mentors in various areas, including academic/career advising, college preparedness, campus resources, communication, leadership/identity development, and student engagement. Must have completed UNIV 239.